# **Comparison of Prospective Risk Estimates for Postoperative Complications: Human vs Computer Model**

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BACKGROUND:	Surgical quality improvement tools such as NSQIP are limited in their ability to prospectively affect individual patient care by the retrospective audit and feedback nature of their design. We hypothesized that statistical models using patient preoperative characteristics could prospectively provide risk estimates of postoperative adverse events comparable to risk estimates provided by experienced surgeons, and could be useful for stratifying preoperative assessment of patient risk.
STUDY DESIGN:	This was a prospective observational cohort. Using previously developed models for 30-day postoperative mortality, overall morbidity, cardiac, thromboembolic, pulmonary, renal, and surgical site infection (SSI) complications, model and surgeon estimates of risk were compared with each other and with actual 30-day outcomes.
RESULTS:	The study cohort included 1,791 general surgery patients operated on between June 2010 and January 2012. Observed outcomes were mortality (0.2%), overall morbidity (8.2%), and pulmonary (1.3%), cardiac (0.3%), thromboembolism (0.2%), renal (0.4%), and SSI (3.8%) complications. Model and surgeon risk estimates showed significant correlation ( $p < 0.0001$ ) for each outcome category. When surgeons perceived patient risk for overall morbidity to be low, the model-predicted risk and observed morbidity rates were 2.8% and 4.1%, respectively, compared with 10% and 18% in perceived high risk patients. Patients in the highest quartile of model-predicted risk accounted for 75% of observed mortality and 52% of morbidity.
CONCLUSIONS:	

Current quality assessment programs for surgery, such as the voluntary American College of Surgeons National Surgical Quality Improvement Program (NSQIP), have led to improvement in surgical outcomes.<sup>1-4</sup> These programs are

Disclosure Information: Dr Tomeh is the CEO of QCMetrix, Inc., and has potential financial interest in the development of the decision support model discussed in this article. Mr Hosokawa received a consulting free from QCMetrix, Inc. All other authors have nothing to disclose.

Funding Sources: Drs Richman and Hawn were supported by NIH-NINR 5R44NR010653 ("Decision Support for Safer Surgery"-DS3) and CDA 09-014; and Dr Hawn was supported by AHRQ T32HS013852. Members of the DS3 Study Group are listed online in Appendix 1.

Members of the D35 Study Group are listed offinite in Appendix 1.

limited in their ability to affect individual patient care by the retrospective audit and feedback nature of their design. A more optimal strategy for patient perioperative risk mitigation might be to prospectively identify risk at the

Received August 1, 2013; Revised October 23, 2013; Accepted October 23, 2013.

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#### **Abbreviations and Acronyms**

- ACS = American College of Surgeons
- ASA = American Society of Anesthesiologists
- BMI = body mass index
- DS3 = Decision Support for Safer Surgery
- RVU = relative value units
- SSI = surgical site infection

individual patient level preoperatively to allow enough time to engage in strategies to prevent specific surgical complications. Although there is abundant literature on the risk factors for adverse perioperative events,<sup>5-8</sup> few available decision aid tools assess the patient and procedure risk variables for a broad group of operative procedures and surgical outcomes. Furthermore, minimal knowledge is available on the accuracy or precision of surgeon risk assessment with or without decision aid tools.

The purpose of this study was to compare risk estimates from statistical models previously developed and evaluated<sup>9</sup> with risk estimates from the patients' surgeons for 30-day postoperative mortality, overall morbidity, and cardiac, pulmonary, thromboembolic, renal, and surgical site infection (SSI) complications in a diverse group of elective general surgical patients. In so doing, we sought to evaluate the predictive validity of the DS3 model in predicting perioperative risk for specific complications and the face validity of this model by correlating the model risk predictions to those of experienced surgeons. We hypothesized that the statistical models using patient preoperative characteristics could provide risk estimates of postoperative adverse events comparable to risk estimates provided by experienced surgeons and that the models could be useful for prospective, preoperative assessment of patient risk.

# METHODS

## Approvals

The study was approved by the Institutional Review Boards at the University of Colorado Denver, the University of Utah, the University of Alabama at Birmingham, and the New England IRB for QCMetrix, Inc.

## Statistical prediction models

Development of the statistical prediction models is described in detail elsewhere,<sup>9</sup> and will only briefly be described here. We used NSQIP data on 60,411 patients undergoing elective general and vascular surgical operations from the Michigan Surgical Quality Collaborative<sup>10</sup> between 2003 and 2008 to develop prediction models for 30-day postoperative mortality, overall morbidity, cardiac, thromboembolic, pulmonary, renal, and SSI complications using logistic regression analysis. Only data that would routinely be available before the surgical procedure, such as patient demographics, selected patient preoperative comorbidities, and operative variables for the planned procedure, were considered in the model development. The models were developed using a random sample of 80% of the surgical cases and were tested on the remaining 20% of the sample. The c-indices for the models were generally good to excellent, ranging from 0.763 for SSI to 0.893 for mortality. There was very little change in the c-indices from the development to the test datasets, ranging from a decrease of 0.058 for thromboembolic events to an increase of 0.015 for renal events. The most important predictor variables across all of the models included some operative variables-work relative value units (RVU) of the operation, inpatient operation, Current Procedural Terminology (CPT) category of the operation, and some patient characteristics: age, American Society of Anesthesiologists (ASA) class, chronic steroid use, race, functional status, wound classification, on dialysis, history of congestive heart failure, body mass index (BMI), and current smoker.

## Study variables for model prediction

As part of this grant, we developed a software system called Decision Support for Safer Surgery (DS3), which involves entry of patient level data about demographics, general medical condition, comorbidities, and operative variables, and which outputs risk calculations for individual patients regarding selected postoperative adverse events. Demographic variables included patient age, sex, ethnicity, and race. General medical condition variables included functional status, weight, height, BMI, and ASA class. Operative variables included whether or not the surgery was inpatient or outpatient, wound classification, CPT codes of the primary and secondary operations, and the work RVU of the primary operation. Patient preoperative comorbidities included on dialysis, disseminated cancer, peripheral vascular disease, hypertension, history of congestive heart failure, history of COPD, open wound, chronic steroid use, history of percutaneous coronary intervention, previous cardiac surgery, bleeding disorder, and current smoker. The DS3 data entry form is shown in Appendix 2.

## Study cohort

To compare risk estimates from the statistical models and surgeons, we prospectively collected model- and surgeonpredicted risk scores as well as actual 30-day morbidity and mortality outcomes on patients undergoing elective general surgical operations at the University of Utah and the University of Alabama Birmingham from June 2010 to January 2012. Only patients being seen in an outpatient clinic who were being scheduled for elective

Table 1.	Demographics,	Comorbidities,	and Surgica	I Characteristics	of the Stud	y Population with	n Median Mod	el- and
Surgeon-Pi	redicted Risk of	Morbidity and 0	Observed Over	rall Morbidity Rat	tes for Each \	/ariable Category	(n = 1,791)	

			Model e	stimate	Surgeon	estimate		
Variable	n	Mean (SD) or %	Median, % (mean)	IQR, %	Median, % (mean)	IQR, %	p Value*	Observed overall morbidity rate, %
Overall	1,791		5.5 (9.0)	2.0-11.8	5.0 (7.7)	2.0-10.0	< 0.0001	8.2
Demographics								
Age, y								
<u>≤40</u>	390	21.8	2.5 (5.0)	1.4-6.9	2.0 (4.9)	1.0-5.0	0.0117	5.4
41-55	513	28.6	4.5 (7.5)	1.9-10.6	5.0 (6.9)	2.0-10.0	0.0013	8.8
56-65	436	24.3	7.1 (10.0)	2.6-13.0	5.0 (8.4)	2.0-10.0	< 0.0001	9.4
65+	452	25.2	8.6 (13.2)	3.5-17.4	5.0 (10.6)	3.0-15.0	< 0.0001	8.9
Race/ethnicity								
Caucasian	1468	82.0	5.8 (9.4)	2.0-12.0	5.0 (7.8)	2.0-10.0	< 0.0001	8.8
African-American	163	9.1	6.9 (8.9)	2.8-13.9	5.0 (8.1)	2.0-10.0	0.0408	5.5
Hispanic	81	4.5	2.5 (6.8)	1.6-7.0	2.0 (5.6)	1.0-5.0	0.0533	4.9
Other	79	4.4	2.8 (5.2)	1.7-7.5	4.0 (7.2)	2.0-10.0	0.3291	6.3
Sex (1 UTD)								
Male	845	47.2	5.1 (9.0)	1.9-11.7	4.0 (7.7)	1.5-10.0	< 0.0001	8.6
Female	945	52.8	5.8 (9.0)	2.1-12.1	5.0 (7.8)	2.0-10.0	< 0.0001	7.8
BMI, kg/m <sup>2</sup>			1					
Underweight (<18.5)	53	3.0	11.3 (14.3)	4.0-21.7	5.0 (8.5)	2.0-12.0	< 0.0001	11.3
Normal (18.5–25)	501	28.0	5.1 (9.1)	2.0-11.7	5.0 (8.5)	2.0-10.0	< 0.0001	8.2
Overweight (25–29.9)	570	31.8	5.1 (8.7)	1.8-11.3	5.0 (7.2)	2.0-10.0	< 0.0001	7.5
Obese class 1 (30-34.9)	348	19.4	5.6 (8.2)	2.2-11.0	5.0 (7.0)	2.0-10.0	< 0.0001	7.2
Obese class 2 (35-39.9)	179	10.0	7.1 (10.5)	2.8-14.4	5.0 (8.1)	2.0-10.0	0.0011	10.1
Obese class 3 (40+)	123	6.9	5.3 (7.4)	1.6-11.9	5.0 (7.8)	2.0-10.0	0.6973	9.8
Selected comorbidities								
Hypertension	643	35.9	9.1 (12.3)	3.4-16.0	5.0 (9.6)	2.0-15.0	< 0.0001	9.3
Current smoker	211	11.8	6.5 (11.0)	2.2-15.1	5.0 (9.5)	2.0-15.0	0.0563	12.8
Partially/totally dependent								
functional status	114	6.4	10.4 (15.7)	4.8-20.1	10.0 (12.9)	5.0-20.0	0.0091	8.8
COPD	109	6.1	13.6 (17.3)	6.3-24.2	10.0 (11.9)	5.0-15.0	< 0.0001	14.7
History of PCI	84	4.7	8.1 (12.9)	3.2-18.3	5.0 (10.1)	2.0-15.0	0.0297	9.5
Chronic steroid use	76	4.2	12.3 (14.7)	6.3-20.2	5.0 (10.6)	3.0-13.5	< 0.0001	13.2
Previous cardiac surgery	69	3.9	10.0 (15.7)	4.2-22.5	8.0 (11.5)	4.0-15.0	0.0121	11.6
Metastatic cancer	58	3.2	13.5 (17.6)	6.0-29.1	10.0 (11.6)	4.0-15.0	0.0020	15.5
Peripheral vascular disease	45	2.5	8.7 (15.5)	3.9-22.5	5.0 (10.6)	3.0-15.0	0.0045	17.8
Congestive heart failure	39	2.2	13.5 (21.0)	6.3-31.3	5.0 (11.1)	3.0-15.0	< 0.0001	15.4
Bleeding disorder	32	1.8	9.3 (11.9)	3.6-17.7	5.0 (8.9)	2.5-12.5	0.0092	15.6
On dialysis	22	1.2	6.3 (10.8)	3.7-14.5	5.0 (10.3)	5.0-15.0	0.5184	9.1
ASA Class								
1-Healthy	413	23.1	1.8 (3.9)	1.3-4.8	2.0 (3.8)	1.0-5.0	0.0014	4.6
2-Mild systemic disease	638	35.6	4.5 (7.2)	2.0-9.3	5.0 (6.7)	2.0-10.0	0.0006	6.1
3-Severe systemic disease	615	34.3	10.6 (14.0)	5.4-17.8	7.0 (11.2)	3.0-15.0	< 0.0001	12.9
4-Constant threat to life	29	1.6	17.6 (24.2)	10.8-45.6	10.0 (17.6)	5.0-20.0	0.0053	20.7
5-Moribund	1	0.1	30.4 (30.4)	30.4-30.4	30.0 (30.0)	30.0-30.0	n/a	0.0
None assigned/missing	95	5.3	3.5 (6.5)	1.6-8.2	2.0 (6.3)	1.0-10.0	0.5212	4.2
								(Continued)

(Continued)

#### Table 1.Continued

			Model e	stimate	Surgeon	estimate			
Variable	n	Mean (SD) or %	Median, % (mean)	IQR, %	Median, % (mean)	IQR, %	p Value*	Observed overall morbidity rate, %	
Operative characteristics									
Surgery type									
Inpatient	1011	56.5	10.7 (14.0)	6.6-17.3	7.5 (11.1)	4.0-15.0	< 0.0001	12.4	
Outpatient	780	43.6	1.9 (2.5)	1.4-2.8	2.0 (3.4)	1.0-5.0	0.0711	2.8	
Work RVU of operation									
0-6.9	478	26.7	2.1 (3.1)	1.3-4.2	2.0 (4.4)	1.0-5.0	0.0011	4.8	
7-11.9	427	23.8	2.4 (3.7)	1.7 - 4.8	2.0 (3.6)	1.0-5.0	< 0.0001	4.0	
12-21.9	462	25.8	8.0 (8.8)	4.9-11.5	5.0 (7.1)	2.0-10.0	< 0.0001	8.4	
22+	424	23.7	17.7 (21.3)	12.1-29.0	15.0 (16.4)	6.0-23.5	< 0.0001	16.0	
Wound class									
Clean	965	53.9	3.4 (5.1)	1.6-6.8	3.0 (4.4)	1.0-5.0	< 0.0001	4.5	
Clean Contaminated	704	39.3	11.2 (14.2)	4.5-18.5	10.0 (11.9)	3.0-15.0	< 0.0001	12.9	
Contaminated	86	4.8	9.2 (11.9)	2.4-17.3	5.0 (10.1)	1.0-15.0	0.0280	14.0	
Dirty/infected	32	1.8	3.2 (7.2)	2.1-9.9	6.5 (11.1)	1.0-15.0	0.0751	3.1	
CPT codes by category									
Foregut	316	17.6	7.9 (9.3)	5.1-11.4	5.0 (6.1)	2.0-5.0	< 0.0001	5.4	
Hepatopancreatico-biliary	191	10.7	25.6 (27.0)	15.3-36.8	20.0 (19.4)	10.0-30.0	< 0.0001	16.2	
Cholecystectomy	210	11.7	2.2 (3.0)	1.8-3.1	2.0 (2.6)	1.0-3.0	< 0.0001	2.9	
Colorectal	329	18.4	11.3 (12.5)	6.7-16.3	10.0 (12.0)	5.0-15.0	0.0046	16.1	
Vascular	45	2.5	5.2 (9.2)	2.9-12.8	2.0 (6.6)	2.0-10.0	0.0017	4.4	
Integumentary	71	4.0	1.4 (3.8)	0.9-3.0	2.0 (4.7)	1.0-10.0	0.0051	7.0	
Hernia	441	24.6	2.5 (4.2)	1.5-6.0	2.0 (4.5)	1.0-5.0	0.0283	5.4	
Location									
UAB	804	44.9	8.4 (11.7)	3.9-15.2	5.0 (9.4)	3.0-15.0	< 0.0001	10.2	
U of U	987	55.1	3.1 (6.8)	1.6-8.8	2.0 (6.4)	1.0-8.0	< 0.0001	6.6	

\*Signed-rank test to test difference between surgeon and model prediction for the category.

ASA, American Society of Anesthesiologists; BMI, body mass index; CPT, Current Procedural Terminology; IQR, interquartile range; PCI, percutaneous coronary intervention; RVU, relative value units; UAB, University of Alabama Birmingham; UTD, unable to determine; U of U, University of Utah.

surgery were included; emergency, current inpatient, and transfer patients were excluded. Participating experienced, attending surgeons at each institution were fellowship trained and/or had a narrow scope of practice in specific disciplines of general surgery including foregut and bariatric, hepatobiliary, pancreatic, colorectal, breast, hernia, and endocrine surgery.

# Risk prediction Model risk prediction

A research assistant at each hospital entered the risk data into the web-based software developed for the project. For any missing data (eg, height, weight, ASA class), chart review and electronic record review were conducted to complete the data collection.

#### Surgeon risk prediction

The attending surgeon estimated risk of postoperative morbidity and mortality for each patient after consultation and before the surgical procedure. The surgeons were blinded to the model prediction. Surgeons were instructed to give a probability assessment for each adverse outcome (eg, 1%, 5%, 10%, etc) and to rate their perception of patient's risk for each adverse outcome as low (bottom 25th percentile), average (25th to 75th percentile), or high (top 25th percentile). These percentiles were considered only to be guidelines for the surgeons in terms of their risk estimation of low, average, or high.

## Surgical outcomes

Thirty-day postoperative adverse outcomes included mortality, overall morbidity, cardiac event, venous thromboembolism, pulmonary event, renal event, and SSI. For the surgical patients included in the American College of Surgeons (ACS) NSQIP, the postoperative adverse outcomes were obtained from the hospital's ACS-NSQIP database. For the surgical patients not in the ACS-NSQIP, the adverse outcomes were collected by

				M	odel estima	te		Surgeon estimate						
			Eve	ent	No event		No event			Eve	ent	No e	vent	
Outcomes	n	%	Median, %	IQR, %	Median, %	IQR, %	p Value*	Median, %	IQR, %	Median, %	IQR, %	p Value*		
Mortality	4	0.2	1.3	0.4-2.3	0.1	0.03-0.5	0.0468	1.5	0.8-3.5	0.5	0.1-0.8	0.0145		
Morbidity	147	8.2	12.5	6.4-21.4	5.1	1.9-11.1	< 0.0001	10.0	5.0-20.0	5.0	2.0-10.0	< 0.0001		
Pulmonary	23	1.3	5.3	1.0-16.7	0.7	0.2-2.2	< 0.0001	2.0	1.0-3.0	0.5	0.1-2.0	0.0009		
Cardiac	5	0.3	1.5	1.0-2.9	0.1	0.02-0.3	0.0008	5.0	2.0-10.0	0.5	0.1-1.0	0.0009		
DVT	4	0.2	1.7	0.3-4.6	0.5	0.2-0.9	0.2342	1.5	0.7-2.0	0.5	0.1-1.0	0.1884		
Renal	7	0.4	0.6	0.3-0.9	0.1	0.04 - 0.4	0.0200	1.0	0.2-5.0	0.5	0.1-1.0	0.0463		
SSI	68	3.8	6.9	3.9-12.6	3.1	1.5-6.3	< 0.0001	6.0	5.0-10.0	2.0	1.0-5.0	< 0.0001		

 Table 2.
 Thirty-day Morbidity and Mortality Occurrences with Model and Surgeon Estimates of Risk (n = 1,791 Patients)

\*Wilcoxon test to test difference between event and no-event for the outcome category.

DVT, deep venous thromboembolism (deep venous thrombosis and/or pulmonary embolism); IQR, interquartile range; SSI, surgical site infection.

nurse review of the patient's medical record using the standard ACS-NSQIP definitions of postoperative events. The nurse assessors did not have knowledge of the model or surgeon risk prediction.

#### Statistical analysis

Descriptive statistics using means, standard deviations, and frequency distributions were computed for patient demographic characteristics, comorbidities, and characteristics of the operations they underwent. Risk estimates determined by the statistical models and surgeons for each of the postoperative adverse events were compared using the signed rank test. Also, the statistical models and the surgeons' risk estimates for patients with and without adverse events were compared using the Wilcoxon test. Spearman rank correlations were computed between the risk estimates of the statistical models and the surgeons as a measure of agreement, and the correlations were tested to determine if they were significantly different from zero. Values of  $p \leq 0.05$  were considered statistically significant. SAS version 9.3 was used to conduct all statistical analyses.

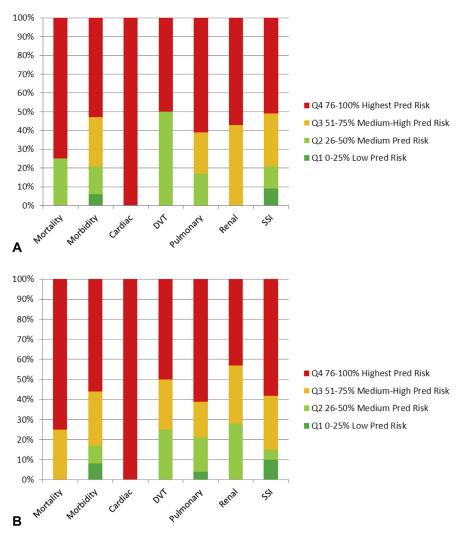
# RESULTS

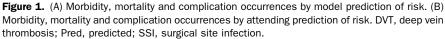
The study sample consisted of 1,791 patients who underwent elective general surgical operations at the University of Utah (n = 987) and the University of Alabama, Birmingham (n = 804) during the period between June 2010 and January 2012. Data collection was nearly complete for all variables, ranging from a low of 96% for ASA class to a high of 100% for patient comorbidities. Patient preoperative variables (demographics, comorbidity, and planned procedure) are summarized in Table 1. The vast majority of the surgical procedures involved the alimentary tract (foregut, hepatopancreaticobiliary, gallbladder, and colorectal surgery) followed by hernia, and integumentary cases. The case mix for the top 25 most common CPT codes for each site as well as the case mix for the Michigan Surgical Quality Collaborative data used for the statistical modeling with associated RVU are shown in Appendix 3 (online only).

The University of Utah sample consisted of more outpatient operations of lower work RVU and in patients with less comorbidity and lower adverse event rates. However, the main outcomes of the study (statistical model risk estimation vs surgeon risk estimation) were not significantly different between the 2 institutions. Therefore, the results of the study are presented for the 2 institutions combined for ease of presentation and permitting analyses with a larger sample size.

The median model risk estimates, surgeon-predicted risk estimates, and observed overall morbidity rates for each patient characteristic are shown in Table 1. Mortality results are not shown because there were only 4 (0.2%)deaths in the sample. Just over 8% of patients experienced morbidity. The median model prediction of overall morbidity was 5.5% vs 5.0% median surgeon prediction (p < 0.0001). In comparing the predicted (model or surgeon) to observed overall morbidity for each variable category, both the model and surgeon consistently underestimated the overall morbidity, with the exception of functional status, in which both model and surgeon predicted a higher associated morbidity than observed. For the majority of the patient characteristics, the model risk prediction was closer to the actual observed overall morbidity rate than the prediction of the surgeons. For some of the categories of operations (foregut and hepatopancreaticobiliary), the statistical model and surgeons overestimated risk of morbidity; for the remaining categories model and surgeons underestimated risk.

Table 2 presents median model and surgeon estimates of risk for patients with and without postoperative adverse events, including mortality, overall morbidity, and pulmonary, cardiac, thromboembolic, renal, and SSI complications. For all events except thromboembolic, both the model and surgeons predicted a significantly





higher risk of the complication in those patients who had a complication than in those who did not.

As shown in Figure 1, postoperative morbidity and mortality events predominantly occurred in both the model and surgeon highest predicted risk quartile. Figure 1A shows the occurrences by quartile of model prediction of risk. Patients in the highest quartile of model-predicted risk for an event accounted for 75% of the mortality, 52% of overall morbidity, 100% of cardiac, 50% of thromboembolic, 61% of pulmonary, 57% of renal, and 51% of SSI. If model-predicted risk was not associated with actual events, we would expect that each quartile of risk would contain about 25% of observed adverse events. Figure 1B shows the occurrences by quartiles of surgeon-predicted risk. Patients in the highest quartile of surgeon-predicted risk of an event accounted for 75% of the mortality, 55% of overall morbidity, 100% of cardiac, 50% of thromboembolic, 61% of pulmonary, 42% of renal, and 49% of SSI. So, both modeland surgeon-predicted risk placed similar numbers of patients who actually had events in the top quartile of risk.

When comparing the model to surgeon estimate of risk for overall morbidity and mortality as well as each category of postoperative complication, a highly significant correlation was observed. The correlation between model prediction and surgeon prediction of risk was greatest for overall morbidity (Spearman 0.66, 95% CI 0.64 to 0.69, p < 0.0001), mortality (Spearman 0.59, 95% CI 0.56 to 0.62, p < 0.0001), and risk of SSI (Spearman 0.58, 95% CI 0.54 to 0.61, p < 0.0001). Significant correlations were also present for cardiac (Spearman 0.54, 95% CI 0.51 to 0.58, p < 0.0001), pulmonary (Spearman 0.53, 95% CI 0.59% CI 0.

		Distribution	of surgeon-pe	rceived risk	Median m	nodel predict	ion of risk	Actual event rate			
Outcome	Events	Low perceived risk, %	Average perceived risk, %	High perceived risk, %	Low perceived risk, %	Average perceived risk, %	High perceived risk, %	Low perceived risk, %	Average perceived risk, %	High perceived risk, %	
Mortality	4	47.2	42.7	10.1	0.06	0.17	0.71	0.12	0.14	0.57	
Morbidity	147	35.6	47.0	17.5	2.75	6.48	10.02	4.08	7.56	18.00	
Pulmonary	4	46.2	41.3	12.5	0.33	0.90	2.09	0.75	0.84	5.09	
Cardiac	23	47.8	41.0	11.2	0.05	0.12	0.27	0.00	0.42	1.55	
DVT	5	44.9	46.2	8.9	0.27	0.56	0.71	0.13	0.25	0.65	
Renal	7	50.2	44.0	5.8	0.08	0.16	0.34	0.23	0.40	2.02	
SSI	68	35.1	50.1	14.8	1.85	3.61	5.11	2.31	3.94	6.30	

**Table 3.** Association Between Surgeon Perception of Risk (Low, Average, and High) and Median Model Prediction and Actual Event Rate for Postoperative Outcomes (n = 1,791 Patients)

Surgeon perception of risk: low perceived risk (bottom 25% of patients), average perceived risk (25-75<sup>th</sup> percentile of patients), high perceived risk (>75<sup>th</sup> percentile of patients) for perioperative morbidity and mortality.

DVT, deep venous thromboembolism (deep venous thrombosis and/or pulmonary embolism); SSI, surgical site infection.

0.49 to 0.56, p < 0.0001), renal complications (Spearman 0.47, 95% CI 0.44 to 0.51, p < 0.0001), and thromboembolism (Spearman 0.43, 95% CI 0.39 to 0.47, p < 0.0001).

In addition to estimating a specific numeric value for risk, surgeons were asked to rate their perceptions of the individual patient's risk for specific complications on an ordinal scale of low risk (bottom 25% of patients), average (25th to 75th percentile of patients), or high risk (top 25% of all patients). The percentile groups were used as a suggested guideline for the surgeons. The association between surgeon perception (low, average, and high) and median model prediction and observed event rate for specific postoperative outcomes is shown in Table 3. The surgeons actually rated more of their patients as low and average risk and fewer of their patients as high risk compared with the suggested guidelines. The percentage of patients rated by the surgeons to be at the highest quartile risk for a specific complication ranged from 5.8% of patients for renal complications to 17.5% for overall morbidity. For each outcome, as surgeon perception of risk increased, median model prediction of risk and observed rate of the specific outcomes measure increased as well. For example, when surgeons estimated the risk of morbidity to be low, the risk prediction model estimated the risk of overall morbidity to be 2.8% compared with 6.5% for average risk, and 10.0% for the highest quartile of perceived risk patients. Similarly, overall observed morbidity was 4.1% for low risk, compared with 7.6% for average, and 18.0% for patients perceived as high risk for morbidity by the surgeon.

# DISCUSSION

The purpose of this study was to compare risk estimates from statistical models with operating surgeons' estimates of risk as well as observed outcomes for a broad range of general surgical patients and postoperative adverse events. We found that the risk prediction models and surgeons could identify those patients who were more likely to develop specific surgical complications. Both the model and surgeons were also able to quantitatively predict the risk for specific complications for their patients. For each category of postoperative complications except for thromboembolism, the model and the surgeons predicted a higher risk for event occurrence in patients who went on to have an occurrence than in patients who did not.

We also found a fairly substantial correlation between model and surgeon risk prediction at the individual patient level and also good agreement between median model and surgeon estimates using only patient information available preoperatively for a diverse collection of general surgical procedures. Highly significant correlations were observed between the model and surgeon risk prediction for each outcome measure. This study supports the hypothesis that the risk prediction model performs as well as experienced surgeons in estimating risk. Our findings also support the fact that the model can identify patients at highest risk for complications, allowing a system to target patients for intervention who will experience the most morbidity. This applies to both high risk patients and patients undergoing higher risk operations.

The extensive body of surgical literature on risk prediction focuses primarily on how well statistical models perform on predicting risk. However, it is primarily surgeons who predict risk on a daily basis, yet little work has been done to study how well surgeons accurately predict risk for their patients. We found 1 other study in the literature<sup>11</sup> that compared risk estimates from statistical models (the POSSUM (Physiological and Operative Severity Score for the enUmeration of Mortality and Morbidity) models from Great Britain) with those from experienced surgeons for postoperative complications in 1,077 patients after major hepatobiliary or gastrointestinal surgery. That study found that the surgeon estimates of risk for overall morbidity (32.1%) were closer to the observed morbidity rate (29.5%) compared with those of the statistical model (46.4%). The statistical model also overestimated risk of mortality (6.9% vs 3.4% observed, risk of mortality was not assessed by the surgeons). In contrast to our study, the surgeons estimate risk for postoperative complications after the operation was completed, likely biasing their results in favor of surgeon prediction.

Current large scale strategies for improving surgical outcomes include the Surgical Care Improvement Project (SCIP) and the ACS NSQIP. The SCIP measures processes thought to be important for improving outcomes, but most evaluations of the program have not demonstrated that adherence to these processes has yielded improved outcomes.<sup>12-14</sup> The ACS NSQIP is voluntary and primarily involves feedback of risk adjusted outcomes to participating institutions on a semiannual basis. Hospitals participating in ACS NSQIP have demonstrated improvement in outcomes from their baseline measures.<sup>1</sup> With the feedback of accurate, actionable data regarding outcomes, quality improvement then follows if the institution recognizes and reacts to the need to improve specific outcomes. This is the basis for quality improvement derived from participation in current large national databases like the ACS NSQIP and University Healthcare Consortium (UHC). These programs are designed to allow comparison of outcomes at the hospital level after risk adjustment. An additional approach to quality improvement might be to predict risk at the individual patient level before the surgery. This would potentially allow for mitigation of risk of specific surgical complications in a prospective fashion. Although several such risk calculators are currently available, to our knowledge, none have included a broad spectrum of both different types of operations and different surgical outcomes.<sup>15-17</sup>

The greatest utility of this risk prediction model lies in the potential usefulness to practicing surgeons, clinicians, and other members of the perioperative team in their efforts at reducing morbidity and mortality. If broadly applied, this model would provide all clinicians with real time estimates of patient risk as the patient is seen preoperatively. A reliable estimate of a patient's specific risk of an event could be useful in the informed consent process. More importantly, because this risk estimate is available to the surgical team before surgery, the team would have time to trigger additional efforts to mitigate risk to the patient. Incorporating this decision support tool into the existing electronic medical record or on a smart phone application, for example, could allow for real time risk prediction and mitigation at the time of the initial preoperative consultation. In patients found to have an elevated risk of a perioperative cardiac event, further cardiac evaluation, risk stratification, and mitigation strategies could be pursued.<sup>18</sup> In patients found to be at increased risk for deep vein thrombosis, a strategy of administering preoperative low molecular weight heparin to decrease risk could be activated.<sup>19</sup> In cases of elective surgery, the operation might be postponed to allow for preoperative conditioning, or alternative nonsurgical management might be entertained if the surgeon and/or patient and family feel the risk for a postoperative event outweighs the potential benefits of the operation. Or, if no potential mitigating intervention is available, escalation of care including an intensive and postoperative care setting may improve care and assist with allocation of these resources.<sup>20</sup>

The advantage of the model risk prediction tool is that it could be used by any clinical member of the surgical team, including the preoperative clinic or the anesthesiologist to provide an objective, quantifiable estimate of an individual patient's risk for undergoing a particular procedure. It would be advantageous for hospitals in which many different surgeons operate to have a standardized approach to preoperative risk prediction and mitigation that is not dependent on individual practitioners' specialty or experience—therefore, a system-based solution.

## Limitations

Overall, the patients in this study experienced relatively few complications and very few deaths. The lack of statistical significance for thromboembolism, for example, is possibly a function of the infrequency with which the events occurred in this cohort. For example, the model predicted a thromboembolism risk of 1.7% in patients who had an event compared with 0.5% in those who did not: more than a 3-fold difference yet not statistically significant because only 4 patients actually had an event. Furthermore, although the model predicted an increased risk of adverse events in patients who went on to have the adverse event, the absolute value of predicted risk and difference in risk over those who did not have the event was relatively low. This is possibly related to the omission from the model of other preoperative variables that might more specifically predict risk of a specific complication. For example, inclusion of family history of deep venous thrombosis (DVT) might add to a patient's predicted risk of DVT, but is not currently collected in the DS3 software.<sup>21</sup> Of course, other yet to be determined variables might exist that could allow for increased sensitivity of the model for specific risk prediction. Finally, because this was a prospective evaluation of the utility of the DS3 model, none of the surgeons in this study had

previous experience using this DS3 model for risk prediction, as was done in this study. That said, many of the surgeons participating in this study have had extensive experience using NSQIP data for quality improvement purposes and were familiar with the potential influence of specific prospective variables on patient outcomes. For this reason, surgeon estimates of risk in this study could be more accurate compared with those of surgeons less familiar with the utility of these data and this methodology. In other words, the model estimates of risk might be more accurate and the differences between model estimates and surgeon estimates of risk might be understated by this study.

# CONCLUSIONS

This study has confirmed that there is good agreement between risk estimation by a statistical model and surgeons across a broad spectrum of surgical operations and outcomes. Further studies are warranted to determine if implementation of this tool with appropriate interventions in the clinical setting will result in a reduction of surgical complications.

#### **Author Contributions**

- Study conception and design: Hawn, Hosokawa, Henderson, Richman, Tomeh, Campbell, Neumayer
- Acquisition of data: Glasgow, Hawn, Hosokawa, Henderson, Min, Richman, Campbell, Neumayer
- Analysis and interpretation of data: Glasgow, Hawn, Hosokawa, Henderson, Min, Richman, Tomeh, Campbell, Neumayer
- Drafting of manuscript: Glasgow, Hawn, Hosokawa, Henderson, Min, Richman, Tomeh, Campbell, Neumayer
- Critical revision: Glasgow, Hawn, Hosokawa, Henderson, Min, Richman, Tomeh, Campbell, Neumayer

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# APPENDIX 1. DS3 STUDY GROUP

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University of Utah Robert Andtbacka, MD Cherisse Davis, RN Toby Enniss, MD John Langell, MD Sean Mulvihill, MD Edward Nelson, MD Raminder Nirula, MD William Peche, MD Joyce Pell, RN Amber Ryckaert, RN Courtney Scaife, MD Bradford Sklow, MD John Sorensen, MD Daniel Vargo, MD Eric Volckmann, MD QCMetrix, Inc Babar N Rao, System Architect **Appendix 2.** Top 25 Procedures for Each Site by CPT Code and Associated Relative Value Units (RVU) (University of Utah, University of Alabama, Michigan Surgical Quality Collaborative)

Alabam	a DS 3 data N=868				Utah DS	3 data N=1116				MSQC	Data N=60,411			
CPT	Description	Work RVI	# of Cas ?	% of tota	CPT	Description	Work RVU	#of Cases	% of to	CPT	Description	Work RVU	#of Ca	% of tota
47562	Laparoscopic cholecystector	11.63	92	10.60%	43280	Laparoscopy, fundoplasty	18	68	6.09%	47562	Laparoscopic cholecyst	11.63	6582	10.909
48153	Pancreatectomy	52.61	68	7.83%	47562	Laparoscopic cholecystecto	11.63	68	6.09%	49505	Prp i/hern init reduc >5	7.88	4018	6.659
43280	Laparoscopy, fundoplasty	18	66	7.60%	19301	Partial mastectomy	10	56	5.02%	35301	Rechanneling of artery	19.53	2757	4.56)
49560	R pr ventral hern init, reduc	11.84	52	5.99%	49505	Prp i/hern init reduc >5 yr	7.88	56	5.02%	49560	R pr ventral hern init, red	11.84	2240	3.719
48140	Partial removal of pancreas	26.19	42	4.84%	47563	Laparo cholecystectomy/gra	12.03	52	4.66%	43644	Lap gastric bypass /roux	29.24	1685	2.79
49650	Laparo hernia repair initial	6.3	39	4.49%	19303	Mast, simple, complete	15.67	47	4.21%	49585	R pr umbil hern, reduc >	6.51	1653	2.749
43281	Esophagoscopy with injection		35	4.03%	49650	Laparo hernia repair initial	6.3	44	3.94%	19125	Excision, breast lesion	6.59	1600	2.65%
44140	Partial removal of colon	22.46	31	3.57%	14301	Adjacent tissue transfer		39	3.49%	19120	Removal of breast lesio	5.84	1530	2.539
49568	Hernia repair w/mesh	4.88	31	3.57%	44204	Laparo partial colectomy	26.29	33	2.96%	44140	Partial removal of colon	22.46	1255	2.089
44204	Laparo partial colectomy	26.29	28	3.23%	49585	R pr umbil hern, reduc > 5 yr	6.51	32	2.87%	47563	Laparo cholecystectom	12.03	1113	1.849
49505	Prp i/hern init reduc >5 yr	7.88	27	3.11%	43281	Esophagoscopy with injectic		26	2.33%	43770	Lap place gastr adj devi	17.85	1091	1.819
43030	Throat muscle surgery	7.91	21	2.42%	44625	Repair bowel opening	17.2	25	2.24%	60240	Removal of thyroid	16.18	972	1.619
49585	R pr umbil hern, reduc > 5 yr	6.51	19	2.19%	49560	R pr ventral hern init, reduc	11.84	24	2.15%	60500	Explore parathyroid glan	16.69	969	1.609
44150	Removal of colon	29.99	18	2.07%	48153	Pancreatectomy	52.61	23	2.06%	19301	Partical mastectomy	10	937	1.55%
43279	Heller type esophagomyotom		16	1.84%	49652	Laparo epigastric hernia rep		19	1.70%	19303	Mast, simple, complete	15.67	905	1.509
43644	Lap gastric bypass froux-en-y	29.24	16	1.84%	19125	Excision, breast lesion	6.59	17	1.52%	44970	Laparoscopy, appended	9.35	719	1.19)
44620	Repair bowel opening	14.35	15	1.73%	15734	Muscle-skin graft, trunk	19.62	15	1.34%	44204	Laparo partial colectorm	26.29	689	1.149
49000	Exploration of abdomen	12.44	10	1.15%	49000	Exploration of abdomen	12.44	14	1.25%	49650	Laparo hernia repair initi	6.3	657	1.099
44625	Repair bowel opening	17.2	9	1.04%	49520	Rerepair ing hernia, reduce	9.91	13	1.16%	43280	Laparoscopy, fundoplas	18	616	1.029
49320	Diag laparo separate proc	5.09	9	1.04%	45395	Lap, removal of rectum	32.79	12	1.08%	19160	Partial mastectomy	5.98	615	1.029
49561	R pr ventral hern init, block	15.3	9	1.04%	49565	Rerepair ventrl hern, reduce	12.29	11	0.99%	19307	Mast, mod rad	17.95	608	1.019
	Missing CPT		8	0.92%	44626	Repair bowel opening	27.82	10	0.90%	49565	Rerepair ventrl hern, rec	12.29	595	0.989
48150	Partial removal of pancreas	52.63	8	0.92%	46255	Hemorrhoidectomy	4.88	8	0.72%	49659	Laparo proc, hernia repa	0	588	0.979
44130	Bowel to bowel fusion	21.98	7	0.81%	46275	Removal of anal fit u a	5.31	8	0.72%	60220	Partial removal of thyroid	12.29	582	0.969
47120	Partial removal of liver	38.82	7	0.81%	46924	Destruction, anal lesion(s)	2.78	8	0.72%	49587	R pr umbil hern, block >	7.96	555	0.929
				78.69%					65.23%					58.829
Work R	VU Statistics				Work R	/U Statistics				Work F	VU Statistics			
Mean	19.86				Mean	15.54				Mean	15.24			
Min	0.00				Min	0.00				Min	0.00			
25%	11.63				25%	7.88				25%	8.08			
Median	17.85				Median	12.03				Median				
75%	26.19				75%	18.26				75%	19.53			

Appendix 3. DS3 QCM Surgery DS3 Grant Data Collection Form

Surgeon:	V	isit/Exam Da	nte:		
Hospital ID: Cl	linic ID:		QCMetrix	a ID: (system	n generated)
Pt. Info. : First Name:	MI:	Last	Name:	DOB:	
Gender: Male   Female   UTD					
Ethnicity: Hispanic or Latino   Non-Hispa	nic and Non-I	Latino   UTD			
Race: Unknown   American Indian/Alaska	Native   Asian	I Black/Afri	can American   White	Native Hawaiian /Pacifi	: Islander
Inpatient Surgery? Yes   No Planned P	rincipal Proc	edure (Desci	ription)	(СРТ Со	de):
Wound Classification: Clean   Clean Conta	minated   Con	ntaminated   L	Dirty/Infected Curren	tly has open wound? Ye	$s \mid No$
	Medic	al History			7
Condition	Yes	No	Date of Onset	Most Recent Date	-
Metastatic Cancer					
Peripheral Vascular Disease (PVD)					
Hypertension					
Chronic Pulmonary Disease (COPD)					
Bleeding Disorder					
Congestive Heart Failure					
Chronic Steroid Use? Yes   No Percut	taneous Coro	nary Interve	ntion (PCI)? Yes   1	Vo	
Current Smoker? Yes   No Previou	ıs Cardiac Su	rgery? Ye.	s   No Dialysis?	Yes / No	
Functional Status? Independent   Partial	ly Dependent	Totally De	pendent   Unknown		
Weight: lbs   kgs Height:	<i>i</i> i	nches   cm			
ASA Class: O-None Assigned   1-Healthy	2-Mild Syst	emic Disease	3-Severe Systemic L	Disease	
4- Severe Systemic Disease that is a constant	t threat to life	5-Not expe	cted to survive the open	ration	
Other factors influencing your estimates of	f risk for this	patient:			

	Resident Estimate ofrisk(%)(Define to 0.1% for risk< 1%)	Resident     Perception of Risk       (check one per row)       High     Avg		Attending Estimate of risk(%) (Define to 0.1% for risk < 1%)	ing Perce one per re Avg	ption of Risk ow) Low	
Mortality							
1+ Complications							
Cardiac							
DVT							
Pulmonary							
Renal							
SSI							

#### Select One

Completed By: \_\_\_\_

\_\_\_\_\_ NP PA Resident PGY \_\_\_\_\_

Completed By: \_\_\_\_

CONFIDENTIAL: This material is prepared pursuant to Utah Code Annotated Section 26-25-1 et seq. for the purpose of evaluating health care rendered by hospitals and/or physicians and is NOT PART of the medical record. It is also classified as "protected" under the Government Records Access and Management Act, Utah Code Annotated Section 63-2-101 et seq

# **Definitions for DS3**

<u>Current Smoker:</u> cigarettes within one year. Does not include cigars, pipes, or chewing tobacco. **COPD:** functional disability from COPD, past hospitalization for COPD, chronic bronchodilator therapy, FEV

<75% of predicted on PFTs. Does not include asthma or interstitial fibrosis or sarcoidosis.

**PCI:** patient has undergone balloon dilatation or stent placement at any time, or has had it attempted. **Previous Cardiac Surgery:** CABG, valve repairs/ replacements, atrial or ventricular septal defects, great thoracic vessel repair, transplantation, left ventricular aneurysmectomy, LVAD insertions, etc. Does not include pacemaker or AICD insertions.

<u>CHF</u>: only "current" if new diagnosis or new signs and symptoms within 30 days prior to surgery. <u>Hypertension</u>: persistent SBP > 140 or DBP > 90 or requires antihypertensive treatment within 30 days prior to surgery.

<u>Chronic Steroid Use:</u> oral or parenteral corticosteroid in the 30 days prior to surgery for a chronic medical condition. Does not include topical corticosteroids applied to the skin or administered by inhalation or rectally. Does not include short course steroids (duration 10 days or less) in the 30 days prior to surgery.

<u>Bleeding Disorders</u>: any condition that places the patient at risk for excessive bleeding, requiring hospitalization due to a deficiency of blood clotting elements. Does not include aspirin therapy. Does include anticoagulants not discontinued within sufficient time to have worn off.

# Wound Classification:

- <u>Clean:</u> uninfected operative wound in which no inflammation is encountered and the respiratory, alimentary, genital, or uninfected urinary tract is not entered. Wound is closed and, if necessary, drained with closed drainage.
- 2) <u>Clean/Contaminated:</u> an operative wound in which the respiratory, alimentary, genital, or urinary tracts are entered under controlled conditions and without unusual contamination. Operations involving the biliary tract, appendix, vagina, and oropharynx are included in this category.
- 3) **Contaminated:** Open, fresh, accidental wounds. Also includes operations with major breaks in sterile technique or gross spillage from the GI tract, and incisions in which acute, nonpurulent inflammation is encountered including necrotic tissue without evidence of purulent drainage.
- 4) **Dirty/Infected:** Old traumatic wounds with retained devitalized tissue and those that involve existing clinical infection or perforated viscera.